



# ALL MEGHALAYA KARATE – DO ASSOCIATION SHILLONG

Regd No. Sr/AMKA-499/87 of 1987

Recognised by : Govt. of Meghalaya Dept. of Sports & Youth Affairs, State Sports Council of Meghalaya & Meghalaya State Olympic Association

. The detailed results are as follows: -

| MEN |                                  |         |   |                   |
|-----|----------------------------------|---------|---|-------------------|
| Sl  | Name                             | Results | Event   | Category          |
| 1   | Samuel Kurbah                    | Gold    | Boys 12 years below 5th Kyu                   | Individual Kata   |
|     |                                  | Gold    | Boys 12 years below 5th Kyu                   | Individual Kumite |
| 2   | Nowni Mayer F Rynghlem           | Gold    | Boys 13 years below 5th Kyu                   | Individual Kata   |
|     |                                  | Gold    | Boys 13 years below 5th Kyu                   | Individual Kumite |
| 3   | Abhradeep Aguan                  | Gold    | Boys Cadet 14 years below 5th Kyu             | Individual Kata   |
|     |                                  | Bronze  | Boys Cadet 14 years below 5th Kyu -63 Kg      | Individual Kumite |
| 4   | Emmanuel B Diengdoh              | Bronze  | Boys Cadet below 5th Kyu                      | Individual Kata   |
|     |                                  | Silver  | Boys Cadet 14 years below 5th Kyu +70 Kg      | Individual Kumite |
| 5   | Ferdinand Samkupar Rani          | Gold    | Boys Cadet 14 years Brown - Black Belt        | Individual Kata   |
|     |                                  | Gold    | Boys Black Belt                               | Team Kata         |
| 6   | Febbyson Lyngkhoi                | Silver  | Boys Cadet 15 Years below 5th Kyu             | Individual Kata   |
|     |                                  | Gold    | Boys Cadet 15 Years below 5th Kyu -52 Kg      | Individual Kumite |
| 7   | Gregorwilson Makdoh              | Silver  | Boys Cadet 15 Years Brown - Black Belt        | Individual Kata   |
|     |                                  | Silver  | Boys Cadet 15 Years Brown - Black Belt -57 Kg | Individual Kumite |
|     |                                  | Gold    | Boys Black Belt                               | Team Kata         |
| 8   | Nathanial Marbaniang             | Bronze  | Boys Cadet 15 Years below 5th Kyu             | Individual Kata   |
|     |                                  | Silver  | Boys Cadet 15 Years below 5th Kyu -63 Kg      | Individual Kumite |
| 9   | Romeo Nongtdu                    | Bronze  | Boys Cadet 15 Years below 5th Kyu             | Individual Kata   |
|     |                                  | Gold    | Boys Cadet 15 Years below 5th Kyu -57 Kg      | Individual Kumite |
| 10  | Jeremiah Kharshandi              | Gold    | Boys Cadet 15 Years below 5th Kyu             | Individual Kata   |
|     |                                  | Gold    | Boys Cadet 15 Years below 5th Kyu -70 Kg      | Individual Kumite |
| 11  | Yowanki Kharwillborn             | Silver  | Boys Junior below Black Belt                  | Individual Kata   |
|     |                                  | Bronze  | Boys Junior below Black Belt -55 Kg           | Individual Kumite |
| 12  | Ram Lanong                       | Gold    | Boys Cadet 16 Years Brown - Black Belt        | Individual Kata   |
|     |                                  | Gold    | Boys Cadet 16 Years Brown - Black Belt -52 Kg | Individual Kumite |
| 13  | Damebanmerbha S Blah             | Bronze  | Boys Junior Black Belt                        | Individual Kata   |
|     |                                  | Silver  | Boys Junior Black Belt -55 Kg                 | Individual Kumite |
| 14  | Samebanmerbha S Blah             | Silver  | Boys Junior below Black Belt                  | Individual Kata   |
|     |                                  | Gold    | Boys Junior below Black Belt -55 Kg           | Individual Kumite |
| 15  | Gideon Tympuin                   | Gold    | Boys Junior Black Belt                        | Individual Kata   |
|     |                                  | Gold    | Boys Junior Black Belt -55 Kg                 | Individual Kumite |
|     |                                  | Gold    | Boys Black Belt                               | Team Kata         |
| 16  | Shanderson Nongrem               | Bronze  | Boys Junior below Black Belt                  | Individual Kata   |
|     |                                  | Silver  | Boys Junior below Black Belt -68 Kg           | Individual Kumite |
| 17  | Kynpham Kharkongor               | Gold    | Boys Junior below Black Belt                  | Individual Kata   |
|     |                                  | Silver  | Boys Junior below Black Belt -61 Kg           | Individual Kumite |
| 18  | Bhawanchwadame Lyngdoh Mawphlang | Silver  | Boys Junior Black Belt                        | Individual Kata   |
|     |                                  | Gold    | Boys Junior Black Belt +76 Kg                 | Individual Kumite |
| 19  | Wilson Mylliempdah               | Gold    | Boys Junior below Black Belt                  | Individual Kata   |
|     |                                  | Bronze  | Boys Junior below Black Belt -55 Kg           | Individual Kumite |
| 20  | Paul Danny Kharmudai             | Gold    | Men below Black Belt                          | Individual Kata   |
|     |                                  | Gold    | Men below Black Belt -55 Kg                   | Individual Kumite |
|     |                                  | Gold    | Men   | Team Kata         |
| 21  | Cheltis Shylla                   | Bronze  | Men Black Belt                                | Individual Kata   |
|     |                                  | Gold    | Men Black Belt -55 Kg                         | Individual Kumite |
| 22  | Evanmeadon Rynghang              | Silver  | Men below Black Belt -67 Kg                   | Individual Kumite |



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|    |                                |        |                             |                   |
|----|--------------------------------|--------|-----------------------------|-------------------|
| 23 | Teiborlang Lapang              | Gold   | Men Black Belt              | Individual Kata   |
|    |                                | Silver | Men Black Belt -60 Kg       | Individual Kumite |
| 24 | Davyson Kharkongor             | Silver | Men Black Belt              | Individual Kata   |
|    |                                | Gold   | Men Black Belt -50 Kg       | Individual Kumite |
|    |                                | Gold   | Men                         | Team Kata         |
| 25 | Ialamphang Kharkongor          | Silver | Men Black Belt              | Individual Kata   |
|    |                                | Gold   | Men Black Belt -75 Kg       | Individual Kumite |
| 26 | Nangkitbok Phira               | Silver | Men below Black Belt        | Individual Kata   |
|    |                                | Bronze | Men below Black Belt -60 Kg | Individual Kumite |
| 27 | Gary Daniel Lyngdoh<br>Mawlong | Gold   | Men Black Belt              | Individual Kata   |
|    |                                | Bronze | Men Black Belt -67 Kg       | Individual Kumite |
| 28 | Edwilbert K Nongkynrih         | Gold   | Men Black Belt              | Individual Kata   |
|    |                                | Silver | Men Black Belt -60 Kg       | Individual Kumite |
|    |                                | Silver | Men                         | Team Kata         |
| 29 | Fredrick Shangpliang           | Silver | Men Black Belt              | Individual Kata   |
|    |                                | Bronze | Men Black Belt -75 Kg       | Individual Kumite |
|    |                                | Silver | Men                         | Team Kata         |
| 30 | Glikerius Buhphang             | Gold   | Men Black Belt              | Individual Kata   |
|    |                                | Gold   | Men Black Belt -60 Kg       | Individual Kumite |
|    |                                | Gold   | Men                         | Team Kata         |
| 31 | Mingson Rymbai                 | Silver | Men Black Belt              | Individual Kata   |
|    |                                | Gold   | Men Black Belt -67 Kg       | Individual Kumite |
|    |                                | Silver | Men                         | Team Kata         |



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## WOMEN

| Sl | Name                             | Kata   | Event   | Category          |
|----|----------------------------------|--------|---|-------------------|
| 1  | Esaranaki Kharjana               | Gold   | Girls 12 years below 5th Kyu                  | Individual Kata   |
|    |                                  | Bronze | Girls 12 years below 5th Kyu                  | Individual Kumite |
|    |                                  | Silver | Girls   | Team Kata         |
| 2  | Dominica P Kharbani              | Gold   | Girls 12 years below 7th Kyu                  | Individual Kata   |
|    |                                  | Silver | Girls 12 years below 7th Kyu                  | Individual Kumite |
|    |                                  | Silver | Girls   | Team Kata         |
| 3  | Emika Deimaia Myrthong           | Silver | Girls 13 years below 5th Kyu                  | Individual Kata   |
|    |                                  | Gold   | Girls 13 years below 5th Kyu                  | Individual Kumite |
| 4  | Kerridame M Khongji              | Bronze | Girls 13 years below 5th Kyu                  | Individual Kumite |
| 5  | Dayalangki Challam               | Bronze | Girls Cadet 14 years below 5th Kyu            | Individual Kata   |
|    |                                  | Bronze | Girls Cadet 14 years below 5th Kyu -47 Kg     | Individual Kumite |
| 6  | Mebapynhun Marngar               | Silver | Girls Cadet 14 years below 5th Kyu            | Individual Kata   |
|    |                                  | Silver | Girls Cadet 14 years below 5th Kyu -47 Kg     | Individual Kumite |
|    |                                  | Silver | Girls   | Team Kata         |
| 7  | Jennet Rumnong                   | Bronze | Girls Cadet 15 years below 5th Kyu -47 Kg     | Individual Kumite |
| 8  | Daphishisha Shadap               | Gold   | Girls Cadet 15 years below 5th Kyu -47 Kg     | Individual Kumite |
| 9  | Daphilahun M Wahlang             | Bronze | Girls Cadet 15 years below 5th Kyu            | Individual Kata   |
| 10 | Aibiangpormika Lyngdoh Mawphlang | Bronze | Girls Junior 16 Years below Black Belt        | Individual Kata   |
|    |                                  | Bronze | Girls Junior 16 Years below Black Belt -53 Kg | Individual Kumite |
| 11 | Sinalin Marngar                  | Bronze | Girls Junior 16 Years below Black Belt        | Individual Kata   |
|    |                                  | Bronze | Girls Junior 16 Years below Black Belt -53 Kg | Individual Kumite |
| 12 | Inlumlang Skhemiew               | Silver | Girls Junior 16 Years below Black Belt        | Individual Kata   |
|    |                                  | Silver | Girls Junior 16 Years below Black Belt -53 Kg | Individual Kumite |
| 13 | Kynjailin Lyngdoh Mawnai         | Gold   | Girls Junior 16 Years below Black Belt -53 Kg | Individual Kumite |
| 14 | Anisha Wahlang                   | Bronze | Girls Junior 16 Years below Black Belt -60 Kg | Individual Kumite |
| 15 | Delightful Marngar               | Silver | Girls Junior 17 Years below Black Belt -53 Kg | Individual Kumite |
|    |                                  | Silver | Girls Junior 17 Years below Black Belt -60 Kg | Individual Kumite |
| 16 | Larisha Kurbah                   | Gold   | Girls Junior 16 Years below Black Belt -60 Kg | Individual Kumite |
| 17 | Rebeka Nongspung                 | Gold   | Women below Black Belt                        | Individual Kata   |
|    |                                  | Silver | Women below Black Belt -50 Kg                 | Individual Kumite |
|    |                                  | Gold   | Women   | Team Kata         |
| 18 | Melvarica Kharbani               | Silver | Women Black Belt                              | Individual Kata   |
|    |                                  | Silver | Women Black Belt -50 Kg                       | Individual Kumite |
| 19 | Carene Sohiong                   | Silver | Women below Black Belt                        | Individual Kata   |
|    |                                  | Silver | Women below Black Belt -55 Kg                 | Individual Kumite |
| 20 | Carenia Rapthap                  | Bronze | Women below Black Belt                        | Individual Kata   |
|    |                                  | Gold   | Women below Black Belt -55 Kg                 | Individual Kumite |
| 21 | Impera Makdoh                    | Bronze | Women Black Belt                              | Individual Kata   |
|    |                                  | Silver | Women Black Belt -61 Kg                       | Individual Kumite |
| 22 | Elisheba Khongwar                | Silver | Women Black Belt                              | Individual Kata   |
|    |                                  | Gold   | Women Black Belt -50 Kg                       | Individual Kumite |
| 23 | Eva Gracia Mary Kharumnuid       | Silver | Women below Black Belt                        | Individual Kata   |
|    |                                  | Gold   | Women below Black Belt -50 Kg                 | Individual Kumite |
| 24 | Barisha Kharbani                 | Bronze | Women Black Belt                              | Individual Kata   |
|    |                                  | Gold   | Women Black Belt -68 Kg                       | Individual Kumite |
|    |                                  | Gold   | Women   | Team Kata         |
| 25 | Phikerbha Kharbihkiew            | Gold   | Women Black Belt                              | Individual Kata   |



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|    |                  |        |                         |                   |
|----|------------------|--------|-------------------------|-------------------|
|    |                  | Bronze | Women Black Belt -55 Kg | Individual Kumite |
|    |                  | Gold   | Women                   | Team Kata         |
| 26 | Saralin Rynghang | Gold   | Women Black Belt -55 Kg | Individual Kumite |