Venue: SAI, STC Shillong, Date: 31st May - 2nd June, 2023

Final Report

Category: Under - 14

Gender : Girls

Event : Long Jump Height/

Serial B	bNo Name of Athlete	School	Distance	MedalType
1	83 Turoi Phawa	EAST JAINTIA HILLS	4.32 m	Gold
2	150 CHRISTINE A SUCHIANG	EAST KHASI HILLS	4.05 m	Silver
3	348 ADRINA TIMUNG	RI BHOI	4.03 m	Bronze

Competition Director

Venue: SAI, STC Shillong, Date: 31st May - 2nd June, 2023

Final Report

Categor	ry: Under - 16			
Gender	: Boys			
Event	: High Jump		Height/	
Serial	BIbNo Name of Athlete	School	Distance	MedalType
1	350 CLEMENT NADLONG	DI DUOI	1.68 m	Gold
1	359 CLEMENT NARLONG	RI BHOI		
2	299 Jakash Sangma	NORTH GARO HILLS	1.66 m	Silver
3	365 PRECIOUSSTAR BEY	RI BHOI	1.59 m	Bronze
Categor	ry: Under - 16			
Gender	: Boys			
Event	: Shot Put		Height/	
Serial	BIbNo Name of Athlete	School	Distance	MedalType
1	363 PAIABANTEI SYLLIANG	RI BHOI	11.84 m	Gold
2	437 Porsat M.Sangma	SOUTH GARO HILLS	11.08 m	Silver
3	303 Sunit Rabha	NORTH GARO HILLS	10.70 m	Bronze
Categor	ry: Under - 16			
Gender	: Girls			
Event	: Discuss Throw		Height/	
Serial	BIbNo Name of Athlete	School	Distance	MedalType
1	447 Dilme Ch. Marak	SOUTH GARO HILLS	18.06 m	Gold
2	443 Aramchi Daldora C. Marak	SOUTH GARO HILLS	17.75 m	Silver
3	791 NAPHISHISHA NONGKSEH	WEST KHASI HILLS	17.73 m	Bronze

Competition Director

Venue: SAI, STC Shillong, Date: 31st May - 2nd June, 2023

Final Report

Category: Under - 18			
Gender : Boys			
Event : Discuss Throw		Height/	
Serial BIbNo Name of Athlete	School	Distance	MedalType
		25.20	
1 390 JOHNSTAR PAMBAH	RI BHOI	35.20 m	Gold
2 325 SIMEON MARAK	NORTH GARO HILLS	29.39 m	Silver
3 466 Sixbirth D. Shira	SOUTH GARO HILLS	28.47 m	Bronze
Category: Under - 18			
Gender : Boys			
Event : Long Jump		Height/	
Serial BIbNo Name of Athlete	School	Distance	MedalType
1 315 Chanangbirth Marak	NORTH GARO HILLS	6.27 m	Gold
2 456 Chechu R. Marak	SOUTH GARO HILLS	6.06 m	Silver
3 113 Damehi Chyrmang	EAST JAINTIA HILLS	6.03 m	Bronze
Category: Under - 18			
Gender : Girls			
Event : High Jump		Height/	
Serial BIbNo Name of Athlete	School	Distance	MedalType
1 198 ANRISHA KLEIN	EAST KHASI HILLS	1.47 m	Gold
2 399 ANUSKA MAJHONG	RI BHOI	1.43 m	Silver
3 406 IBANSARA MAKRI	RI BHOI	1.41 m	Bronze
Category: Under - 18			
Gender : Girls			
Event : Shot Put		Height/	
Serial BIbNo Name of Athlete	School	Distance	MedalType

Competition Director

Venue: SAI, STC Shillong, Date: 31st May - 2nd June, 2023

Final Report

1	337 SILANCHI M. SANGMA	NORTH GARO HILLS	8.56 m	Gold
2	816 NANCY IAWPHNIAW	WEST KHASI HILLS	8.21 m	Silver
3	331 MIMASILCHA K. SANGMA	NORTH GARO HILLS	8.09 m	Bronze

Competition Director